

Masking your grief – because you feel you have to

Family's experiences of support following the
death of a parent

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Background



In the UK, every 20 minutes, a parent dies, leaving dependent-aged children

Methods

Systematic Literature Review



Public Involvement



Constructivist Grounded Theory Study




Systematic review



OPEN ACCESS

Parental death: a systematic review of support experiences and needs of children and parent survivors

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Findings

The Childhood Bereavement Network estimates that every 20 minutes a child is bereaved of a parent in the UK.

This animation has been developed following a rigorous qualitative research study undertaken at Hull York Medical School.

We used constructivist grounded theory and in-depth interviews with 11 children and 17 parents to understand their perspectives and experiences when a parent has died.

Please note that this animation shares the bereaved family's experiences and contains themes of grief and parental loss.

Theory

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- Lack of sustained response
- Protection
- Burden
- Uncomfortable
- Reactions

Implications of findings

Practice parents need professional support to support their children

Education vital role of school support

Policy increase grief literacy

Research include bereaved children and families

Theory grief is impacted by those around a grieving family

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Thank you



The tornado
of emotions



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