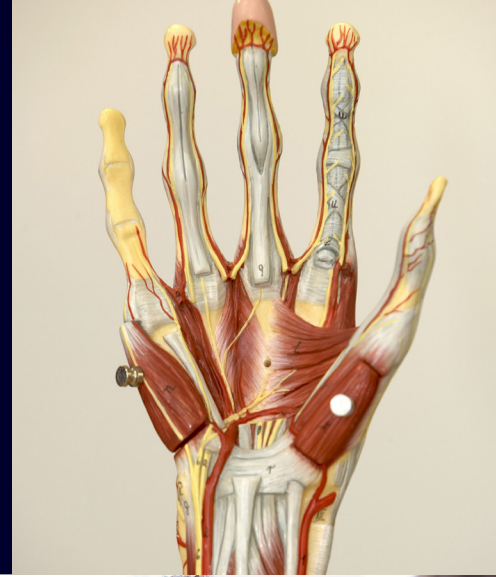


CONFIDENCE WITH HAND AND WRIST INJECTIONS

2ND MAY 2018



2:00 – 5:00pm

Loxley Building, University of Hull

The majority of joint injections, with the exception of hips, can be undertaken in primary care. This can mean reduced referrals, less inconvenience for patients as well as satisfaction for the treating clinician. This half day course will help GPs to assess patients with hand and wrist problems and where appropriate, to treat them with confidence in the surgery..



KEY BENEFITS

- The chance to revise the basic structure of the wrist in a supportive setting
- Access to prosections and models in the Anatomy Department
- Orthopaedic and physiotherapy insights. The opportunity to practice injection techniques on models

CONTENT

- Small group teaching throughout
- Revision of the clinical anatomy of the hand and wrist
- Consideration of common injuries/ conditions and their effects
- Treatment options for Carpal Tunnel Syndrome, tenosynovitis, trigger finger and thumb, small joint disease

COURSE CONVENORS

Dr Alan Walker - GP and ex Anatomy Lecturer

Mrs Kirsty Smith - Extended Scope Physiotherapist

Mrs Sarah Rayner – Senior Orthopaedic Practitioner

FEES

£100 GPs (£95 for RCGP member and HYMS Clinical Tutors)

£90 GP Registrar

DURATION

This workshop will run on the 2nd May from 2.00pm to 5.00pm.

HOW TO APPLY

Registration is via the HYMS website www.hyms.ac.uk/postgraduate/other-courses/shortcourses-and-cpd

For enquiries please contact **Jackie Houlton**

Email: jackie.houlton@hyms.ac.uk

Phone: **01482 464750**

HYMS reserves the right to cancel short courses if the number of delegates is insufficient to run the course